



## PROCLAMATION

WHEREAS, on a continuum from experimental use, to tragic fatal overdose, substance use by our youth is a complex reality; and

WHEREAS, while most young people in our community do not use substances of any kind, peer influences, social norms, genetics, and other risk factors conspire to create a profile that make it difficult for some to escape; and

WHEREAS, according to the 2018 Issaquah School District Healthy Youth Survey—the latest data available due to schools being suspended by the COVID19 pandemic—10th graders reported past 30-day, or what is considered consistent use, at the following rates:

- vaping products, 15.6%
- alcohol, 16%
- marijuana, 10%
- pain medication 'to get high', 3%
- not prescribed prescription medications, 4.7%
- cigarettes, 2.3%

WHEREAS, substance use can and does negatively impact the development and potential of our youth to succeed; and

WHEREAS, substance use prevention has a greater impact than later intervention by influencing a child's early life towards positive behaviors and productivity; and

WHEREAS, substance use prevention is an extremely cost-effective model in comparison to later high utilization interventions; and

WHEREAS, by stopping the drug use before it starts, we can prevent the disease of addiction and create stronger neighborhoods in our community; and

NOW, THEREFORE, I, Mary Lou Pauly, Mayor of the City of Issaquah, do hereby proclaim the month of October 2021, to be:

### SUBSTANCE ABUSE PREVENTION MONTH

IN WITNESS WHEREOF, I hereunto set my hand and seal of the City of Issaquah this 4th day of October, 2021.



Mary Lou Pauly, Mayor