



# Influence the Choice

Healthy Youth Healthy Community



New Year  
New Members  
New Opportunities!



Board Chair, Barbara de Michele



[influencethechoice.org](http://influencethechoice.org)

## Newsletter: March 2022

ITC started the New Year strong with executive director, Marnie Maraldo, leading the way. Marnie brings an extensive background in organizational expertise, experience in education and dedication to youth mental health.



Marnie



Cassandra



Morgan

ITC also added Cassandra Sage as Development Manager and Morgan Fitzpatrick as Youth Services Manager Assistant.

Influence the Choice  
10TH ANNUAL VIDEO CONTEST



SUBMISSIONS ARE WELCOME TO BE IN LANGUAGE OF CHOICE

Lots of Cash Prizes!

Grades 6-12

Submission Deadline: April 17th



TECH



El décimo concurso anual de videos  
¡Premios en efectivo!  
Grados 6-12  
Influence the Choice  
Healthy Youth Healthy Community

- 01**  
CREA UN VIDEO  
Filma un video estil de dos minutos sobre tus experiencias durante la pandemia y estrategias de afrontamiento .
- 02**  
LEA CUIDADOSAMENTE LAS REGLAS  
Las películas pueden ser divertidas o serias. [Click here](#) para leer las reglas completas
- 03**  
NOMBRE, TITULÉ Y SUBA SU VIDEO  
Titula su video, agregue tu nombre, y suba el video. [Click here](#)
- 04**  
LEENE EL FORMULARIO DE ENTRADA  
Para llenar el formulario completo [Click here!](#)
- 05**  
FECHA LIMITE  
Suba su video antes del 17 de abril. Dirija sus preguntas a: [Katie@influencethechoice.org](mailto:Katie@influencethechoice.org)  
**HAVE FUN!**

Students in grades 6 through 12 will create 2-minute Public Service Announcements that show how they are handling the big emotions of our current environment, how the pandemic has affected them or their community, or what message they would give to middle school students on how to remain substance free.

Recordings may be done in the student's home language.

Thank you Kiwanis of Issaquah, The Rotary Club of Issaquah, Kiwanis of Sammamish & The Rotary Club of Sammamish for your support of this event!



For More Information:



## POMPOW Recap 2022!

### Power of Me, Power of We - February 12, 2022



Power of Me, Power of We is an event hosted by Teens Encouraging Community Health and Influence the Choice. February 12th, TECH and other high school leaders facilitated the event with special guest and renowned youth advocate, Nigel Wrangham. 7th, 8th, and 9th-grade participants unlocked their leadership skills through fun games and challenges throughout the day.

[Check It Out!](#)



## Thank You Supporters

As ITC brings students together more frequently for in person activities, leadership opportunities and rich, connecting experiences, we need your assistance more than ever to help them remain substance free. Your donations allow us to reach more middle and high school students to offer programs, create peer learning, present parents with drug awareness education, promote Positive Community Norms and so much more.

Please considering donating today at:

[\*\*DONATE HERE!\*\*](#)

*Save the Date!*

VIDEO AWARD  
CEREMONY  
GALA!  
MAY 17TH!

**Donate!**

